



**Country:**



**Organisation:**

Youth Sport Trust International

**Find more here:**

<https://www.youthsporttrust.org>

**Contact:**

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**Type of activity:**

Empowering leadership within integration of refugees through sport

**Short description:**

During the pandemic Youth Sport Trust International reached out to connect with young Syrian and Palestinian refugees living in camps in Beirut, to provide weekly online training sessions to develop their leadership and life skills through physical activity and sport. First working with a group of teenage girls and then boys, we were inspired by their desire to learn new skills, determination to succeed and love of cricket (the sport they had been introduced to in the camps but never experienced before). Week by week we saw their confidence grow as they became role models for their peers and able to take on the coaching of activity sessions themselves. *"Now I'm a strong girl, I can do anything."* (Maram Al-Khoder)

**SDGs covered by this activity:**



**Key topics covered by this activity:**

Refugees, leadership, confidence, gender equality