



Country:

 Albania

Organisation:

Active Disabled People Albania

Find more here:

<https://www.facebook.com/adp.albania/>

Contact:

info@adp-al.org

Type of activity:

Empowerment of people with disabilities

Short description:

Active Disabled People Albania is a non-profit organisation that empowers people with physical disabilities through sports activities. The purpose of these opportunities is to allow the participants to learn and develop life skills (self-confidence, social skills, independence, etc.) so that they can participate in society. *“Through sport, we are opening the doors to a healthier lifestyle.”* ADP Albania was founded in 2012 as an effort to create an opportunity for people with disabilities in Albania to lead a more independent life. It uses sports as: agents of socialisation, ways to reduce stigma, avenues to gaining independence, empowerment opportunities for persons with disabilities and inclusion enablers for persons with disabilities.

SDGs covered by this activity:



Key topics covered by this activity:

Inclusion, disability inclusion, fighting against inequality, leadership, empowerment of people with disabilities